

## Scope of Services

- ~ Pick up/drop off at airport & hotel
- ~ Our treatment services will be provided Monday-Friday, weekends are free, yet wholesome as you dive into nature, culture, healing thermal waters, the Aegean Sea, Olive Tree Farms, and the many sightseeing attractions of ancient Greece
- ~ Daily treatment sessions with Dr. Binder feature a wide personalized scope: Diagnostic Perspective and treatment with the ONDAMED Technology along with Intuition, TCM, Ayurveda, Homeopathy, Bach Flowers, Nutrition, Detoxification, Homeopathic Hormone Replacement Therapy, Weight Optimization with Homeopathic hCG, Epigenetics, Germanic New Medicine, and Bio-Energetic Medicine
- ~ Post initial session, Dr. Binder will create a personalized program customized for each patient outlining further diagnostic & therapeutic applications

\* Dr. Binder's daily reflections and further research on her patient's health condition and related reactions to daily treatment may change daily schedule



## Scope of Services-Cont.

- ~ Biological Dentist
- ~ Cranial Sacral Therapy
- ~ Detox Body Peelings
- ~ Family Constellation Therapy
- ~ Lymph Drainage
- ~ Lymph Massage
- ~ Meditation
- ~ Psychosomatic Energy (PSE) Therapy
- ~ Reflexology
- ~ Singing bowls
- ~ Thermal mud Balneotherapy
- ~ Variety of different European, Hawaiian, and Asian massages
- ~ Yoga

Program fee: € 7,000 includes all diagnostics & therapies, thermal baths, sightseeing and nature trips, and all transportation

5-star Thermae Sylla Spa & Wellness Hotel including breakfast and lunch from locally grown farms for €1,848 per double room (2 people).

## The Silvia promise

"In your 2 weeks with me as your healthcare provider and coach I will employ a large variety of diagnostic and therapeutic methods along with my trusted and experienced colleagues who are specialized in other therapies.

I will treat you daily with ONDAMED and other modalities which are described in this brochure. My most important tool is my intuition. My goal is to remind you in a wholesome way of your powerful self and I will work with you to get you to a new level of living. By discovering the seed of your power that is deeply nestled within you, we will begin to nurture and develop it for you to overcome your symptoms and health problems. I will work with you on many levels and from various perspectives, including cutting edge methods and technologies, as well as ancient philosophies. You and I will spend intensive and in-depth time together.

You will be nestled within the beautiful mountains and Aegean Sea while enjoying the luxurious Spa facility conveniently located in your hotel. The Spa features a salt chamber, Turkish baths, various saunas, and the sought-after healing thermal mineral waters which were already enjoyed by the Romans to relieve their joint pains, arthritis and toxic buildup. We will embrace nature and local organic Mediterranean cuisine daily. Many ancient tourist attractions are nearby for you to visit.

By the time you go back home, you will be equipped with a solid vision and plan to continue building your health. I will work with your local ONDAMED practitioner to provide the best possible continuation of your ONDAMED treatment. I will follow up with you by email, phone, or skype to help you stay on track with your health, strength, and newly developed life purpose."



## Step Sinatra Miami Beach, FL August 2015

"Two weeks with Silvia at The Binder Institute for Personalized Medicine in Germany and I was transformed! After I left her care is when I really started to notice the subtle changes working through my body. I had been dealing with digestive, muscular and endocrine issues for over a decade. One of the most pronounced benefits was a change in my nervous system. I had less anxiety and restlessness which I believe helped my body then be able to repair itself with its own innate intelligence. It is my belief that the ONDAMED is a profound device able to harmonize the body's energy field and allow for critical physical healing. During most sessions I would experience deep rest

and relaxation as if I had a phenomenal massage. Afterwards I would feel content, blissful and at peace emotionally.

Then later my physical body would begin to improve or I would just feel a bit stronger. I am already planning my next trip to Europe to work with Silvia and ONDAMED again. It's now one of my top tools in the toolbox for improving my physical and emotional state. This leads to higher spiritual awareness and a transformation on many levels. Thanks to my healing journey with Silvia and ONDAMED, I am able to serve this planet in a richer and better way."



## Dr. Michalis Moullos Athens, Greece September 2015



"I was diagnosed with 3rd stage Follicular Non Hodgkins Lymphoma in May of 2015. I had swollen lymph nodes in my throat and in my groin area. This fully caught me by surprise and the option presented by my physicians was chemo. I had been feeling depressed, extremely fatigued, could not sleep well and overall was in bad physical and emotional shape. I stopped laughing and having fun. The last thing I wanted to do was chemo therapy and I gave myself time to make a decision. I started working even more hours to forget about this tragic diagnosis. In August my cousin from Florida called and introduced me to The Binder Institute in Germany. He highly recommended I go for their 2 week treatment program and after speaking with Dr. Silvia Binder I was convinced to book my ticket and go. The experience was incredible and nothing I had envisioned. I never believed in natural or complementary medicine so this was an eye opener for me. The most unique part of this 2 week intensive treatment protocol was the personal touch and the personalized

therapeutic approach. Each day I spent several hours receiving various forms of treatment while undergoing several diagnostic tests and even seeing a biological dentist as part of the 2 week treatment plan. Besides the clinical work, my program included hiking, swimming, soaking in beautiful mineral hot baths, and lots of delicious German food and of course, the German beer. The Black Forest nature was incredible and clearly aided in my healing story. After 5 days I found myself feeling absolutely different and alive. *Something big had shifted in me.* I had energy, love for life, and felt as if I could overcome my health disorder. At the end of my 2 weeks my swollen glands had drastically reduced to a point where they were no longer palpable. Upon returning home, my oncologist examined me and did my blood work. She was astounded to see the good results compared to the blood work taken 3 months ago. She no longer confirmed my diagnosis and no longer recommended the need for chemo therapy. Dr. Silvia has changed my life. I am happy again, dancing, and singing. I even work dancing and singing in my dental practice. What an awakening to my own life potential!"

The Binder Institute

Personalized Medicine



Edipsos, GREECE

## Two-Week Intensive Healing Retreat Greece



Live your life  
as your *powerful* self.

Live a *purposeful* full life with high energy, wholesome sleep, no pain or illness symptoms holding you back.

Your journey has been painful and filled with unanswered questions. You have been seeking many different healthcare providers with hopes to find the reason for your health challenges along with treatment and care, yet there is no healing in sight.

It's time to unconventionally treat and *heal your mind, body and spirit*. It's time to commit to a new life, and reboot.

## Our *vision* for your well-being is clear...

- ~ Stabilize you physically, mentally, emotionally, and spiritually
- ~ Build your health to a new level
- ~ Maintain your newly found healthy you and move you into prevention

## You own your *health*.

Your body is an amazing instrument vibrating with approximately 70 Trillion cells communicating on the basis of electromagnetism.

We are electromagnetic beings and in fact, the whole universe is based on frequency, vibration, and energy. Just like when your cell phone is out of range, you no longer have a signal and therefore you are no longer reachable, our cellular communication system is similar and should not get disrupted.

With ONDAMED Technology and its unique methodology, we are able to tap into your cellular communication system to identify the root cause of your symptoms and disease process with help of the communication with your cellular innate wisdom. We are getting to the source of the weakest areas in your body, which are potentially responsible for limiting your living a healthy life.

We *listen* to your cells and *read* alarming signals, even before the development of an actual disease. And we use that same methodology to initiate cellular repair and *regeneration*.

## The program

An intensive *personalized* medical approach for any patient suffering from chronic disease. Its proven method for over 20 years has shown patients' return to health and wellness by:

1. Identifying stress related and dysfunctional areas on the body as well as discovery of patients' strength and healing potential
2. Localized treatment with ONDAMED's focused electromagnetic stimulation
3. Complimentary diagnostic and treatment approaches enhancing the body self regulate
4. Detoxifying cells
5. Improving metabolism exchange
6. Lymph activation
7. Immune response stimulation to localized area(s)
8. Enhancing emotional attentiveness
9. Allowing for mental clarity and focus
10. Providing space and time for spiritual awareness
11. Increased energy
12. Improved mobility

## Your 5-Star Thermae Sylla Spa & Wellness Hotel ★★★★★

Hospitality is the key. Thermae Sylla Spa and Wellness Hotel is a historic and local landmark, dating back to the first years of the Hellenic Republic. The Hotel offers an understated luxurious, yet homey accommodation and is directly linked to the Spa facilities to allow for easy access, even with your robes. Don't forget to try our healthy Mediterranean cuisine, with local produces ingredients, or enjoy our hearty breakfast buffets. Just one and a half hour from the Athens International Airport, Thermae Sylla Spa and Wellness Hotel is ideal for quiet and relaxing holidays.



For more Information:  
[www.thermaesylla.gr/en/](http://www.thermaesylla.gr/en/)

*The Binder Institute For Personalized Medicine*  
Kürzeller Strasse 18 | 77963 Schwanau | Germany  
☎ +49 (0) 7824-6466-0 ✉ [silviabinder@binder-institute.de](mailto:silviabinder@binder-institute.de)

[www.binder-institute.de](http://www.binder-institute.de)

